

The image features a dark, textured background with embossed Hebrew text. Three orange question marks are scattered across the scene, with one prominently centered in the lower half. The text is rendered in a traditional Hebrew font, appearing as raised characters on a dark surface.

“Thematic’ elective in Primary Care



Student-centred

Self-regulated

Self identified learning needs

Experience-based

Interest- motivation, stimulating

Safe



Week 2	AM	PM
Monday	Elective theme activity (clinical) (eg. Clinic with MHP, with physio etc.)	Medication Reviews-EPA 3 Hospital Discharge Letters EPA- reconcile medication under supervision of GPP
Tuesday	Student surgery (4 patients) booked in advance.	Home visits- accompany GP-EPA
Wednesday	QIP- deprescribing clinic-EPA	Following up results from Treatment Room Session (week 1)-EPA Elective theme activity (clinical) (eg. Clinic with MHP, with physio etc.)
Thursday	Treatment Room Session EPAs (phlebotomy, ECG, BPs, urinalysis)	Student surgery (4 patients) – same day appointments MiniCEX
Friday	Baby Clinic EPA - eg. supervised examination of six-week old baby	Elective Theme activity (non-clinical) Evaluation and reflection Self-directed learning

Mental Health in Primary care

- Work alongside the Mental Health practitioner/GPs assessing, diagnosing, treating patients with Mental ill health (first presentations, follow up etc.)
- Work alongside Community link workers/care navigators setting up Health and Wellbeing plans/befriending/visiting community projects

Care of the elderly in Primary care

- Work alongside NH nurses/care assistants in a local NH
- Work alongside a care navigator in the community linking in with the elderly
- Pro-active care for vulnerable elderly: identify 2-3 patients in the practice with complex health and social care needs- link in with the patient/family/carer/health care professionals involved in the care

➤ Community Practice

- Work alongside a Care navigator
- Join in with Community activities and groups
- Help to raise the profile of Community Practice (promotional material, linking in with practices in the Federation area)
- Learn how to signpost
- Identify a 'gap' in the existing Community care options and help an organisation write a Business case/proposal eg. consider how primary care and community care can work in collaboration to help reduce health and health inequalities

MSK in primary care

- Work alongside the First point of Contact physio
- Join Trust physio clinic
- Observe how to give joint injections ‘

Family planning and women’s health in primary care

- Join Elective Care gynae service
- Join FP services
- Prescribing of FP methods
- Audit on gynae referrals
- Setting up of an educational resource for other students on FP to be added to PCSD website

Health Service Management and the management of General Practice

- Work alongside the Practice Management team learning about the business aspects of GP.

The interface – primary and secondary care

- Discharges: work with practice-based pharmacists reconciling medication and consulting patients about their recent admission and changes in treatment/follow up etc.
- Following patients on their journey: guiding hospitalised patients through the discharge process, making follow-up telephone calls after they leave the hospital, and provide a supervised home visit (if possible) to ensure patient safety and reduce preventable readmissions
- Follow up referrals

Chronic disease management

- Chronic disease clinic (EPA) reviewing patient with COPD/asthma, CHD, Hypertension, diabetes etc. under supervision of Practice Nurse and GP
- Attend/facilitate a group consultation and learn about the benefits of peer-supported care
- Attend community projects addressing chronic disease/lifestyle changes eg. chronic pain projects, Falls prevention, activation schemes

Continuity of care

- Students to link in with 3-4 families with complex needs (EPA) - learn how they 'live' with illness and how various HCP are involved in their care
- Assess their met/unmet and unknown health and care needs
- Understand their medical and psycho-social challenges



Enjoy!